



Sandwiches

New: Beef Burrito: Mexican spiced lean ground beef, black bean paste, fresh salsa, aged cheddar, cilantro, green onions, side of guacamole, greens and fries – 10.50

Horn of Africa Beef Wrap: East African spiced beef tibs, fried sweet potato, aged cheddar caramelized onions, tomato pesto, pineapple– 10.50

BBQ Pulled Pork: Tender braised pork shredded and smothered in our apple Jack Daniels BBQ sauce, topped with julienne dill pickles on a Parisian loaf and served with house made beer battered onion rings – 10.50

Philly Cheesesteak: Philadelphia style thinly sliced frizzled beef with melted cheese sauce, topped with julienne pickles and served on a traditional Parisian loaf – 10.50

Avocado Curry Chicken Wrap: Our mildly spicy curried chicken with avocado, spinach and our house made lemon aioli wrapped in whole wheat markouk and toasted to perfection – 11.25

Chicken Wrap : Egyptian spiced roasted chicken with pineapple, bacon, sweet pickled red onion and goat cheese wrapped in a flour tortilla and toasted – 11.25

Imperial Burger: Our famous char grilled burger topped with sweet pickled red onions, smoky red pepper aioli and broiled cheddar – 11.50

Vegetarian Portobello Burger: Two Portobello caps tossed in truffle oil, topped with caramelized onions, our house made pesto mayo aioli and goat cheese – 11.50

South Western Vegan Burger: A black bean, carrot and caramelized onion patty topped with guacamole, sun dried tomato and mango pesto and garlic spread – 11.50

Upgrade Regular Green salad to Caesar, Halloumi Spinach or Waldorf \$3.50

Upgrade Fries to Poutine \$3.00

Soup on the side

Add \$2.00

Main Menu

Appetizers and Snacks

- Molten Plasma:** Black Bean Tomato Cumin Salsa with Fried Pizza dough chips – 9.50
Lotus Flowers: Basmati and Potato shell stuffed with Organic Chicken, Craisins – 9.50
Hapjes: Thai inspired Curried Beef– 3.25 large 9.50

Salads

- Roquette Caesar:** Romaine, Arugula, Croutons, Parmigiano, Bacon – 6.75
Halloumi Spinach: Spinach, Kalamata Olives, Mushrooms, Red Onion, Halloumi – 6.75
Wild Rice Waldorf: Red Lettuce, Apple, Cranberry, Lemon Aioli, Maple Pecans – 6.75

Soup

See our chalkboard for Soups of the Day

Entrees

- Fettuccini:** Spiced Chicken Breast, Figs, Apricots, Spinach, Caramelized Onions Citrus Cream Sauce
15
- Blueberry Guacamole Duck Confit:** Duck Confit, Mixed Salad, Potato Skin Fries
12
- Vegetarian Lasagna:** Grilled Peppers, Spinach, Mozzarella, Eggplant, Baguette
12
- Blackened Cod:** Lime Aioli, on Garlic Parisian Baguette, choice of Large Fries or Mixed Green Salad. Upgrade to Soup \$2
12
- Beer-Battered Fish and Chips:** Cod, home-cut Fries, Lime Aioli, Julienne Carrots and New Brunswick Dulse
12
- Almond Chicken Parmagiano:** Almond Breaded Chicken, Pasta, Mozzarella Tomato sauce
12

Snacks

Poutine Classic: St Alberts Cheese Curds -5.80

Bacon Poutine: with Smoked Bacon-6.95

Barrymore's Poutine: Ground Beef, Green Peppers, Mushrooms – 7.50

Bank Street Poutine: Guacamole, Sour Cream, Tomatoes – 8.00

Poutine Almond Chicken: Strips of Almond Chicken Breast – 9.50

Poutine Hawaiian: Ham, Pineapple – 7.30

Imperial Poutine: Green Peppers, Mushrooms, Onions – 6.95

Late Night Poutine: Bacon, Green Peppers, Mushrooms, Onions – 7.50